Guelph Wellington Ontario Health Team

MARCH 2023

TRANSGENDER DAY OF VISIBILITY - MARCH 31ST

International Transgender Day of Visibility is on March 31st. A transgender person is someone whose gender identity is different from the gender they were assigned at birth. The GW OHT stands with our transgender community and recognizes the prejudices and barriers transgender individuals continue to face in society.

FOCUS GROUP WITH 2SLGBTQIA+ COMMUNITY MEMBERS

The GW OHT conducted a focus group with 2SLGBTQIA+ community members in partnership with the University of Guelph's Master of Public Health students. Participants expressed the harm they experienced through "dead-naming" (when someone uses a person's name they were given before transitioning, such as "birth name" or "given name"). The use of incorrect pronouns was identified as also making patients uncomfortable.

RESPONDING TO THE NEEDS OF 2SLGBTQIA+ COMMUNITY MEMBERS

When delivering service to patients/clients who are transgender it is very important to use the pronoun the patient/client identifies with. You can now record a patient's pronouns in their file with the latest version of Telus EMR. The pronouns appear at the top of their chart in Records and are used wherever you use the pronoun keyword stamps.

Click here to read practical tips from Rainbow Health to make your electronic health records more inclusive.

rainbow health ontario
SHERBOURNE HEALTH

HYPERCARE USER EXPERIENCE SURVEY RESULTS

In order to better understand how Hypercare helps clinicians and their practice, an anonymous survey was conducted by Michael Garron Hospital (MGH) across its Hypercare users. Hypercare is an application that enables safe, secure, real-time messaging between providers that is being increasingly used by OHTs across the province as an enabler of communication amongst integrated care team members.

- 85% of survey respondents indicated that Hypercare helped them get quicker access to a specialist.
- 58% indicated that Hypercare assisted in avoiding unnecessary Emergency Department visits.
- 58% like using Hypercare because it "helps me to connect with my hospital-based colleagues" and helps to "save me time."

Hypercare was rated exceptionally high in satisfaction and enthusiasm and users indicated that they would recommend the tool to other providers. Learn more about Hypercare here. For more information about how to access Hypercare please contact: **emmi.perkins@guelphwellingtonOHT.com.**

HYPERCARE SUCCESS

Working in the community and seeing clients in their home environment can often have challenges, especially when being away from the office. I have had several positive experiences using Hypercare and the greatest experience is being able to have direct contact with my client's family physicians. Recently I had a concern about a clients wound and was able to directly send a picture to the family physician using Hypercare. Hypercare also makes it easier to stay in contact with community care partners and have case conferences regarding mutual clients.

-Kellie Ross – Geriatric Nurse (UGFHT)

Please share this newsletter and engagement opportunities broadly

Any questions or comments, please contact:
Emmi Perkins, GW OHT Director of Transformation - askus@guelphwellingtonoht.com

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PARTNERSHIP WITH HOMEWOOD ADDICTIONS SERVICES STRENGTHENING PRIMARY CARE

As part of Integrated Patient Care Team (IPCT) model, Homewood Health Centre CADS (Community Addiction Division Services) therapists are embedded within select primary health care teams. Data was used to identify sites that would benefit the most from enhanced addictions-related support. Most recently, CADS therapists have been integrated into the Guelph FHT Psychiatry Clinic and the Arbour Medical site. This partnership with CADS allows for easier access to addictions supports. As an integrated member of the primary care team, the CADS therapist provides counselling for individuals and families who are concerned with substance use, overuse of technology, gaming, online shopping and/or gambling. Click here to read more.

NEW SERVICE IN GUELPH WELLINGTON FOR ADULTS EXPERIENCING MILD TO MODERATE DEPRESSION & ANXIETY

Compass Community Services is now delivering the Ontario Structured Psychotherapy (OSP) program for adults experiencing mild to moderate depression and anxiety.

Compass Community Services

OSP offers free, short-term, evidence-based cognitive behavioural therapy (CBT) to adults (aged 18 years or older) experiencing depression, anxiety, and anxiety-related concerns. OSP is offered in person and virtually and includes both self-led strategies (with support from a coach) and one-on-one or group therapy.

Click here to learn more about who is best served by the program and how to refer.

GW OHT ENHANCES WEBSITE ACCESSIBILITY

The Guelph Wellington OHT has recently enhanced its website accessibility and inclusivity. The Accessibility Icon (now located in the bottom left corner of each webpage) allows visitors to the website to make adjustments to meet their accessibility needs. This ensures that everyone in our community can access and enjoy the **GW OHT website**.

HAPPY RETIREMENTS DAVID AND MARIANNE!

Partners of the Guelph Wellington OHT acknowledge and celebrate David Wormald (St Joseph's Health Centre Guelph) and Marianne Walker (Guelph General Hospital) for their contributions of leadership and partnership. As original members of the GW OHT and long-serving leaders in the Guelph Wellington health care system, David and Marianne have contributed greatly to health care in our community. All of our gratitude and best wishes to David and Marianne as they journey into retirement!!

Virtual Tour of the Mohawk Institute Residential School

The Guelph Wellington Ontario Health Team (GW OHT) is pleased to invite you to join us in a 45-minute virtual tour through the former Mohawk Institute Indian Residential "School" and its 140-year history and hear interviews from five survivors. This tour is hosted in partnership with the Woodland Cultural Centre.
April 4, 2023 – 5:30pm Register in advance for this Zoom session here.

Please share this newsletter and engagement opportunities broadly

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