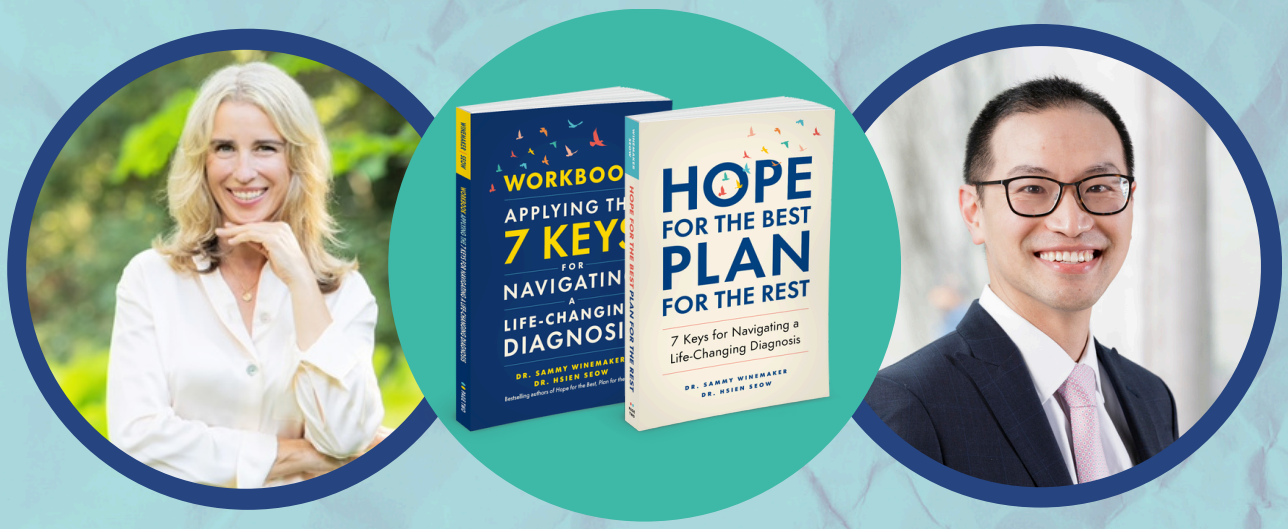
The Waiting Room REVOLUTION

Guelph Wellington Ontario Health Team

Ontario Health West

NAVIGATING A LIFE CHANGING DIAGNOSIS

7 KEYS FOR MORE CHOICE AND CONTROL



Join Drs. Sammy Winemaker & Hsien Seow for a FREE EVENT to learn the 7 Keys to take charge so you can be hopeful and prepared every step of the way. Attendees from Ontario West region will receive a FREE copy of the book and workbook!

26th
MARCH 2026

MOUNT FOREST & DISTRICT SPORTS COMPLEX
850 PRINCESS ST. MOUNT FOREST (PLUME ROOM)

AGENDA:

DOORS OPEN.....	6:30 PM
SPEAKERS.....	7-8 PM
BOOK SIGNING/ MEET AND GREET..	8-8:30 PM

SCAN HERE TO REGISTER

OR VISIT: WAITINGROOMREVOLUTION.COM/EVENTS

Ontario Health West Region is sponsoring fully funded Palliative Care education for Patients and Family Caregivers who reside within the West region of Ontario Health. This strategy aims to increase public awareness and provide education around palliative care services. Funding is provided for all registrant fees for attendance.