Guelph Wellington Ontario Health Team

St. Joseph's HEALTH CENTRE GUELPH Unstoppable Compassion

First Nations, Inuit & Métis Program

Lateral Kindness Workshop

Register Here!

Thursday, May 28th, 2026
9:00AM-3:00PM

Location

St. Joseph's Health Centre Guelph,
Level 1 Auditorium,
100 Westmount Rd, Guelph ON N1H 5H8,
Free Parking

Presenter

Tyler Geisler, RSW, MSW, Education Liaison with SE Health First Nations, Metis and Inuit Program, and has a private practice where he provides mental health counseling. Tyler is father to 5 boys, a lifelong learner, traveler and named one of CBC's Top 40 Under 40 for community activism.

Audience

Up to 2 representatives from your agency. Please consider sending someone working directly with Indigenous community, patients and families, on Indigenous portfolios or in leadership.

Learning Goals

- **Assess** for signs of lateral violence in clinical and professional interactions and explain its relevance to Indigenous health inequities.
- **Integrate** lateral kindness and trauma-informed approaches into routine clinical, team-based, and community-facing practice.
- **Apply** self-reflection and de-escalation strategies to maintain patient, community, and staff safety, dignity, and therapeutic relationships.
- **Demonstrate** culturally safe, relationship-centered practices that support collaboration and trust with Indigenous patients, colleagues, partners and communities.

To Support Your Learning

Participants are encouraged to review the following materials prior to attending to support shared understanding and meaningful discussion.

- SE Health: Indigenous Cultural Safety - free online e-module
- From Lateral Violence to Lateral Kindness Virtual Course